

Checklist for Supplies

Practical items

- Wipes and cloths
- Supplies of bed linen and towels
- Changes of loungewear / bedwear
- Soap
- Washing bowl
- Mouth sponges
- Standard and dry shampoo
- Soft hairbrush
- Tissues
- Gloves
- Cleaning wipes
- Bed protector pads
- Incontinence pads
- Lip balm
- Eye drops
- Water spray bottle
- A small oral dropper (or syringe) for giving tiny amounts of fluid if needed
- Artificial saliva
- Scissors
- Anti bac cleaning spray for surfaces
- Small hand fan
- Room fan
- Hot water bottle

Equipment, documents & contacts

- Extension leads and phone / device chargers
- Able to locate the person's Advance Plan / ADRT / DNACPR or ReSPECT form / mental capacity assessment

- Contact numbers easily available:
 - family and friends
 - GP
 - pharmacist
 - community nursing / out-of-hours services

Comfort and atmosphere

- Supplies of ice cubes in freezer
- Fruit juices to flavour ice cubes
- Real or battery candles / tea lights
- Soft lighting (lamp, fairy lights, etc.)
- Diffuser (portable if needed)
- Oils (for diffuser, massage, dry skin)
- Hand and body lotions
- Sage stick (if wanted)
- Lighter / matches
- Music access (Spotify / playlist, CDs)
- Laptop / phone / tablet
- Meditations, readings, or meaningful literature
- Journal or notebook (for the person or the bereaved)

For carers

- Reading material
- Laptop / tablet / phone
- Headphones
- Comfortable clothing and changes of clothing
- Toiletries
- Toothbrush and toothpaste
- Throw / blankets / pillow
- Neutral smelling snacks
- Notebook and pen